

*Where your
well-being Begins*

AQVA
wellness area

Allow yourself to be transported
your wellness journey begins now

Welcome to the Aqua Wellness Area, a sanctuary of profound regeneration where design and nature embrace in timeless harmony. Mosaics, precious marbles, and mirrors amplify the space, reflecting light in captivating plays of depth. Warm tones, diffused lighting, and aromatic grottoes instill peace and invite repose.





Relax, smile, breathe You're in Romagna

Your day pass grants you full access to all our facilities, which include:

- Outdoor pool nestled in lush greenery, complete with an intimate solarium
- Two hydro-massage tubs set at a blissful 34°C and 36°C
- Invigorating spine cervical cascades and serene aromatic grottoes
- Finnish sauna, Turkish bath, and a refreshing ice bath
- A tranquil relaxation area offering herbal teas, detox beverages, and light refreshments
- A complete spa kit with a plush bathrobe, towel, and slippers
- Secure lockers for your personal belongings

Please note, access to the wellness center is reserved for guests aged 16 and over.

3-hour admission:

- _____ € 30 per person
- 50% off when combined with a treatment or a purifying pathway.

OPENING HOURS

Daily: 3.00 p.m. - 8.30 p.m.
Morning: 10.00 a.m. - 3.00 p.m.
(upon request)

Private Evening Spa Access:
9.00 p.m. - 12.00 p.m.



Spa Privé



Whether it's a romantic surprise for your partner, an exclusive hen party, or a celebration for a graduation or birthday, the Aqua Wellness Area is the ideal venue for your special event.

- **SPA LOVE**

From 9.00 p.m. to midnight, the Aqua Wellness Area is exclusively yours. Enjoy with a fruit platter and a bottle of sparkling wine to share.

Starting from € 189 per couple

- **SPA PARTY**

Enjoy with friends, including a cocktail for each person. From 9.00 p.m. to midnight, Monday to Friday. Write to us for more information.

- **A SPECIAL GIFT VOUCHER**

Gift the private Spa experience with a personalized voucher.



The Purifying Pathway

The Pathways are akin to tranquil streams, welcoming you into their embrace and inviting you to drift effortlessly within their waters.

The Roots Pathway

Body & Mind Detox Pathway

- Lymphatic drainage body treatment (55 min)
- Foot reflexology (25 min)
- Draining herbal tea in the relaxation corner

€ 125

The Moon and Almond Pathway

Sweet Relaxation

- Relaxing sweet almond oil treatment (55 min)
- Your choice of natural face mask, for self-application
- Moroccan black scrub for self-application amidst the aromas of the Hammam

€ 100



The Shiatsu Pathway

- Shiatsu treatment (55 min)
- Foot reflexology (25 min)

€ 125



Rebalancing, Energy, and Centering Pathway

- Cranio-sacral balancing treatment (55 min)
- Kinesiological test and Bach flower consultation (25 min)

€ 125

Floral Sensations Pathway

Aromatherapy Journey

- Bach Flower consultation
- Relaxing treatment with floral synergies (55 min)
- Your choice of natural face mask, for self-application
- Herbal tea in the relaxation area

€ 130

Rebirth and Release Pathway

- Cranio-sacral treatment (25 min)
- Cupping therapy (25 min)
- Moroccan black scrub + face mask for self-application

€ 110

Earth and Fire Pathway

Deep Body Ritual

- Muscle-release treatment (55 min)
- Spa circuit with sauna and warm grotto
- Moroccan black scrub for self-application amidst the aromas of the Hammam

€ 95

Treatments for you

Our holistic therapist offers the following treatments:

- 25 minutes, € 45 or 55 minutes, € 80.

Choose from:

- Relaxing sweet almond oil treatment
- Lymphatic drainage treatment (face/body)
- Muscle-release treatment
- Sports treatment
- Shiatsu treatment
- Foot reflexology treatment
- Cranio-sacral balancing treatment
- Cupping session
- Bach Flower consultation and Kinesiological test



To further enhance your wellness journey, we suggest these self-application delights:

- Moroccan Black Scrub: €15
(suitable for multiple applications)
- Face Mask: €5



Little tips

to fully enjoy your wellness experience

1. FINNISH SAUNA: PURIFYING HEAT

BEFORE: take a warm shower and dry off completely - dry skin sweats more effectively. Bring a towel to sit on once inside

DURATION: 8-10 minutes, up to 15 for experienced users. Listen to your body and leave if the heat feels too intense.

AFTER THE SAUNA: rest for 2-3 minutes, cool down with a drink, and wait at least 10 minutes before starting a new session (maximum of 3 sessions).

BENEFITS: boosts circulation, flushes out toxins, relaxes muscles, and promotes better sleep. Promotes a sense of calm and mental lightness.

2. ICE BATH: AN INVIGORATING THRILL

After the sauna, wait 2-3 minutes and then enter the ice bath with confidence.

DURATION: 15-60 seconds for first-timers, up to 2 minutes. Breathe slowly to manage the thermal shock.

PRECAUTIONS: avoid the ice bath if you're feeling fatigued, are pregnant, or have heart conditions.

BENEFITS: cold immersion boosts metabolism, strengthens the immune system, and provides an instant mental energy boost.





3. TURKISH BATH (HAMMAM)

Take a warm shower and bring a towel with you.

DURATION: 10-20 minutes. Breathe deeply and let the steam gently open your pores.

How it differs from the sauna: the hammam uses steam heat, ideal for those who find dry heat too intense. It's perfect for prepping the skin for scrubs and facial treatments.

BENEFITS: detoxifies the skin, clears the airways, and releases nervous and muscular tension.

4. MOROCCAN BLACK SOAP SCRUB: A RITUAL FOR SILKY SKIN

WHEN TO APPLY: right after the hammam, when the skin is warm, damp, and pores are open.

APPLICATION: after the steam bath, apply the product using slow, circular motions. Black soap, made from macerated black olives, is rich in vitamin E. Leave it on for 5-10 minutes. Then vigorously exfoliate using the kessa glove.

RINSE: remove the scrub with plenty of warm water.

BENEFITS: skin feels radiant, silky-smooth, and free from dead cells and impurities. The Moroccan black soap scrub deeply exfoliates the skin, improves circulation, and leaves you feeling refreshed and renewed.



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